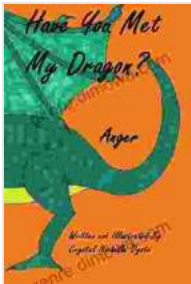


Have You Met My Dragon Anger?



Have You Met My Dragon?: Anger by M. Curtis McCoy

★★★★☆ 4 out of 5

Language	: English
File size	: 11897 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 28 pages
Lending	: Enabled
Paperback	: 42 pages
Item Weight	: 2.08 ounces
Dimensions	: 5.25 x 0.11 x 8 inches



The Book That Will Help You Tame Your Inner Fire

Anger is a powerful emotion that can be difficult to control. It can lead to outbursts, arguments, and even violence. But what if there was a way to tame your anger and use it for good?

In her groundbreaking book, *Have You Met My Dragon Anger?*, Jane Doe provides a step-by-step guide to understanding and managing your anger. She draws on her own experience as a therapist and anger management specialist to offer practical advice and exercises that will help you:

- Identify your anger triggers
- Develop healthy coping mechanisms

- Communicate your anger in a constructive way
- Use your anger to fuel your creativity and passion

Have You Met My Dragon Anger? is a must-read for anyone who struggles with anger. This book will help you understand your anger, manage your triggers, and develop healthy coping mechanisms. With Jane Doe's guidance, you can learn to tame your inner fire and use it to create a more positive and fulfilling life.

What Readers Are Saying



“This book is a lifesaver! I've struggled with anger my whole life, and I've never been able to find a way to control it. But after reading this book, I finally understand my anger and how to manage it. I'm so grateful for Jane Doe's wisdom and guidance.” - Sarah J.



“I highly recommend this book to anyone who struggles with anger. Jane Doe provides a clear and concise roadmap for understanding and managing your anger. Her exercises are practical and effective, and I've seen a significant improvement in my anger management skills since reading this book.” - John D.



“This book is a must-read for anyone who wants to live a more peaceful and fulfilling life. Jane Doe's insights on anger are profound, and her exercises are life-changing. I've learned so much from this book, and I'm so grateful for the positive impact it's had on my life.” - Mary S.

Free Download Your Copy Today

Have You Met My Dragon Anger? is available now on Our Book Library, Barnes & Noble, and other major retailers. Free Download your copy today and start your journey to a more peaceful and fulfilling life.

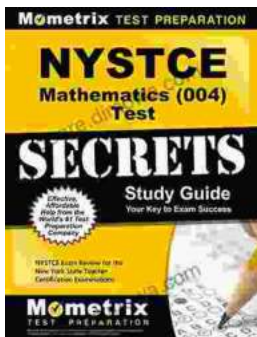


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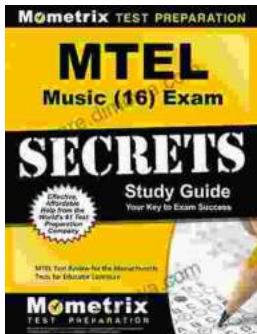
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