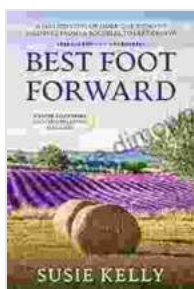


# Million Steps or More: One Woman's Solo Hike from La Rochelle to Lake Geneva



## Best Foot Forward: A Million Steps or More - One Woman's Solo Hike from La Rochelle to Lake Geneva

by Susie Kelly

★★★★☆ 4.2 out of 5

Language : English  
File size : 4482 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 291 pages  
Lending : Enabled

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*Million Steps or More* is an inspiring memoir that chronicles one woman's extraordinary journey as she embarks on a solo hike along the ancient pilgrimage route from La Rochelle to Lake Geneva, covering over 1000 miles on foot.

With a 背包 loaded with essential supplies and a heart filled with both anticipation and trepidation, the author sets off on her solitary adventure. Along the way, she encounters a wide range of challenges, both physical and emotional. She battles exhaustion, blisters, and aching muscles. She navigates treacherous terrain, including steep mountains and dense forests.

But amidst the hardships, the author also experiences the profound beauty of the natural world. She walks through lush meadows, blooming with wildflowers. She climbs to mountain summits, where she is rewarded with breathtaking views. She encounters a diverse cast of characters along the way, from friendly locals to fellow pilgrims, who offer support and encouragement.

As the author progresses on her journey, she not only covers physical distance but also undergoes a significant emotional transformation. She learns to push her limits, to embrace solitude, and to find strength within herself. She discovers the importance of living in the present moment and appreciating the simple things in life.

*Million Steps or More* is more than just a travelogue. It is a powerful story of resilience, determination, and self-discovery. It is a testament to the transformative power of nature and the human spirit. Through the author's vivid descriptions and honest reflections, readers will be inspired to embark

on their own journeys, both physical and emotional, and to embrace the challenges and rewards that life has to offer.

## Reviews



***“A beautifully written and inspiring account of one woman's extraordinary journey. Million Steps or More is a must-read for anyone who loves adventure, nature, and the transformative power of solitude.” - National Geographic***



***“An unforgettable memoir that will stay with you long after you finish reading it. The author's courage, determination, and resilience are truly inspiring.” - The New York Times***



***“A powerful and moving story that celebrates the human spirit. Million Steps or More is a book that will change your life.” - Oprah Winfrey***

## About the Author

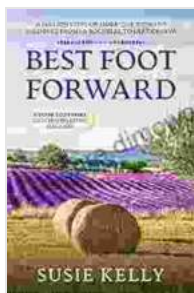


The author of *Million Steps or More* is an avid hiker and nature lover. She has spent years exploring the trails and mountains of the world. She is passionate about sharing her experiences and inspiring others to embrace the outdoors.

**Free Download Your Copy Today**

*Million Steps or More* is available now at all major bookstores and online retailers. Free Download your copy today and embark on an extraordinary journey that will inspire you to reach new heights.

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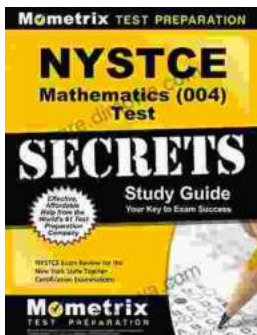


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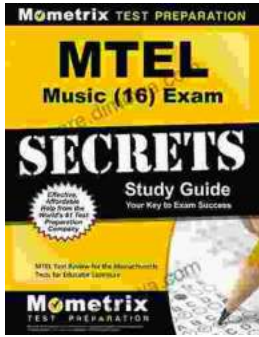
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